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Evidências sobre as bases neurais dos sentimentos morais, comportamento pró-social e anti-social

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# OUTLINE

- The moral brain: neuroscience of moral behavior
- Introduction
- Evolution and the social brain
- Morality from a scientific perspective
- Functional architecture of moral judgment and emotion

Altruism, decision-making and antisocial behavior

- Moral sentiments and values
- Altruistic and economic decision-making
- Psychopathy and fronto-temporal dementia

### Brain decoding and the moral brain

- Classifying psychological states and disorders
- Neurofeedback: self-modulation of subjective states

Final remarks

# Emergence of human morality

## Cooperation in non-human primates

- Coalition forming
- Food sharing
- Reciprocity





Grooming and coalition-forming in nonhuman primates

# Emergence of human morality

Modern humans: the cultural explosion (Upper Paleolithic period)

- Symbolic thinking
- Division of labor
- Economical exchanges
- Cultural norms





Rewards and immediate self-interest



# Morality from a scientific perspective

- Sets of customs and values that are embraced by a cultural group to guide social conduct
- Philosophy: universal principles that should guide human conduct
- Science: documentation of changes in moral behavior in patients with brain dysfunction and from functional imaging studies
- Inferences on the major dimensions of moral cognition and behavior
- Moral cognitive neuroscience: better understanding and treatment of neuropsychiatric conditions



Casebeer W. NRN, 2003



# Frontal lobe damage (e.g., Eslinger, 1992; Anderson, 1999)

- Poor planning, lack of foresight, impulsivity, loss of flexibility, poor social judgment

Temporal lobe damage (e.g., Miller, 1997; Mendez, 2000)

 Impaired social perception (STS: face emotion, gaze), severe changes in social conduct, loss of empathy (anterior temporal lobe, mainly right)

Subcortical-limbic damage (e.g., Weissenberger, 2001)

 Often, death or coma; extreme violence, sexual and eating perversions





# Evidence from functional neuroimaging

A few words on the methods....

- Tremendous technical and methodological advance since fMRI (functional magnetic resonance imaging) was introduced (1990's)
- Non-invasive studies in vivo
- Allows for multiple experimental conditions
- Increasingly sophisticated study designs













# Functional MRI: moral judgment

*Hypothesis:* moral judgments, will activate regions associated with impaired moral behavior

Moral judgments operationally defined as judgments of values, rights, or responsibilities (Colby et al., 1990)



# Functional MRI: moral judgment

Moral vs. factual judgments



Frontopolar cortex (BA 10) Superior Temporal Sulcus (STS) Temporo-polar cortex Factual Moral Î 1 Moral content î ₽ Emotional valence Difficulty of judgment æ ĸ Social scenario yes no

Oliveira-Souza and Moll, Neurology (Suppl.), 2000 Moll J, Oliveira-Souza R, Eslinger J, Arq Neuropsiq, 2001

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# Functional MRI: moral sentiments

*Hypotheses*: *passive* presentation of basic and moral emotionevocative stimuli will engage the same neural network

"Just pay attention to the pictures"

Pictures: neutral, moral-emotional, non-moral-emotional





Basic and moral sentiments (conjunction) vs. neutral Subcortical and limbic regions (thalamus, amygdala, midbrain)

Moll, de Oliveira-Souza, Eslinger, Bramati, Mourao-Miranda, Andreiuolo, Pessoa. J Neurosci, 2002

Moral sentiments (compassion, indignation) vs. basic (disgust, fear) Frontopolar cortex (FPC) and superior

Frontopolar cortex (FPC) and superior temporal sucus (STS) activation





# Summary: fMRI in moral cognition

Functional MRI studies of moral judgment and moral sentiments

Medial orbitofrontal and frontopolar cortex (BA 10/11), superior temporal sulcus (STS), anterior temporal (aTC) and subcortical regions

Remarkably stabe despite the use of : Pictures, simple moral judgments, difficult moral dilemmas, etc.



→ MORAL SENSITIVITY hypothesis

Moll et al., 2001, 2002a,b, 2007; Heekeren et al., 2003, 2005; Greene et al., 2001, 2004; Takahashi et al., 2004



Brain regions consistently involved in moral cognition and behavior: combined lesion & fMRI

• Cortical (event and action knowledge, planning, abstract concepts)







Frontopolar cortex Dorsolateral PFC (right) Medial OFC Lateral OFC Anterior temporal cortex



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Brain regions not constistently involved in moral cognition and impaired moral behavior



Main cognitive-affective domains and emergent moral values and sentiments



Implications of these lines of evidence to our understanding of human moral cognition

An improvement over hierachical models proposing top-down control of emotion by reason or bottomup viscero-emotional biases)?

# The "Event-Feature-Emotion complex (EFEC) model



# The classical hierarchical view: reason vs. emotion

This hierarchical, top-down archetype has pervaded philosophical and neuroscientific views

# The 'layered' brain:

High reason (cortex) controls and suppresses instincts and emotions

→ limbic system, brain stem

McLean, 1970/1990



Integration of cognitive components and emotion in human moral cognition: the Event-Feature-Emotion complex (EFEC) model

Functional integration instead of top-down control (Wolf Singer: temporal binding model of visual perception, shape + motion)





# The "moral-emotional brain" & the "resting brain" Regions comprising the "default mode network" (Raichle et al., PNAS, 2001) The concept of a default mode of brain function arose out of a focused need to explain the appearance of activity decreases in functional neuroimaging data when the control state was passive visual fixation or eyes closed resting (...) activity decreases were remarkably consistent across a wide variety of task conditions." (Raichle & Snyder, Neuroimage 2007)

# For a moment, think of:

One of the best, happiest moments in your life

One of the worst, most sad episodes in your life



# Neural bases of altruistic decisions, moral sentiments and their impairments

- Fractionating moral sentiments and evidence
- for moral sentiment impairments in FTD
- From social concepts to social values
- Altruistic and trusting decisions
- Structural brain changes in psychopathy



"Your mother calls you one night telling she was not feeling well. You did not take her seriously, and the next day she died." (guilt)

"You went with a friend to a restaurant. When you passed by the kitchen, you saw rats crawling all over the place." (indignation)







Anterior sup. temporal cortex  $\rightarrow$  across all condition Distinct fronto-subcortical areas

Zahn R, Moll J, Paiva M, Garrido G, Krueger F, Huey E, Grafman J. Cerebral Cortex, 2008

# The charitable donation study

Self monetary reward vs. altruistic charitable donations





monetary gain

altruistic helping

# The charitable donation study

Monetary reinforcement vs. prosocial feelings

 $\rightarrow$  Decisions: monetary gains, donating or opposing to causes (NGOs)

→ Abortion, euthanasia, gender equality, civil rights, war, nuclear energy, biotech, animal rights, etc

Maximum endowment = \$128 (if purely self-interested)

Moll J, Krueger F, Zahn R, et al. PNAS, 2006

# The charitable donation study Anonymous decisions to donate or oppose to non-profit ORGs (19ss) Main decision outcomes Outcome tooff 5 gain, not 5 to ORGI Costly oppose Non-costly oppose Costly donate Non-costly donate **Jitterflastion** Pure \$ reward

# fMRI results: charitable donations

Pure \$ reward and donation (conjunction) vs baseline

Midbrain ventral tegmental area (VTA) and striatum: brain's "reward / pleasure centers"

Mesolimbic reward system: experience and anticipation of reward



Moll J, Krueger F, Zahn R, et al. PNAS, 2006

# fMRI results: charitable donations

Costly (altruistic) decisions to donate to or oppose ORGs

Anterior PFC (frontopolar cortex) and anterior OFC (FPC; BA10/11/32)

Integrating costs and benefits of decisions

Guilt avoidance (protecting self-identity, e.g., being a generous and not stingy person)?



Moll et al., PNAS, 2006

# fMRI results: charitable donations

Costly and non-costly donation vs. pure \$ reward

Subgenual cortex (SG; BA25) and septal region: social attachment (and depression)

Attachment to (or self-identification with) societal causes and principles

Costly and non-costly opposition

Lateral OFC / anterior insula: aversion

Culturally-mediated social aversion





# fMRI and economic cooperation: trust game





# Psychopathy

Severe and persistent anti-social behavior (Cleckley, 1941; Hare, 1980; Blair, 2004)

Lack of empathy and remorse, manipulativeness, instrumental aggression: *difficult to explain solely on the basis of PFC dysfunction* 

Several MRI volumetric studies have implicated the frontal cortex; less consistently, other regions (hipoccampus; amygdala)



# Structural cortical changes in Psychopathy

15 individuals with psychopathy vs. 15 normal controls

Distributed grey matter reductions in regions implicated in moral cognition and behavior; correlations with Factor 1 (callousness)





Psychopathy as a disorder of the moral brain: fronto-temporo-limbic grey matter reductions demonstrated by voxel-based morphometry. de Oliveira-Souza, Hare, Bramati, Garrido, Ignacio, Tovar-Moll & Moll. NeuroImage, 2008

# Neuroinformatics: brain decoding

- Pattern recognition methods in functional and structural neuroimaging studies
- Classify patients with brain disorders
- Infer cognitive / psychological states
- Neurofeedback applications
- Spatial distribution of voxels containing discriminative information
- Support Vector Machine (SVM) and Maximum uncertainty Linear Discrimination Analysis (MLDA)







 Discriminative information, providing a multivariate tool for brain mapping (groundbreaking work of Just & Mitchell, Sitaram, Weiskopf and Birbaumer, Brammer, deCharms, Laconte, Posse, Haynes & Rees)

 Machine learning and pattern recognition: powerful tools mainly for classification and prediction of mental states and brain decoding (Mitchell et al., 2004; Haynes and Rees, 2006; Sato et al., 2009)

Sato JR et al., NeuroImage, 2009



# Conclusions (I)

Human moral cognition & the brain

Stable network of neural components engaged in moral sentiments, concepts and decisions despite wide variations of task and stimuli

Integration of cortico-subcortical networks
beyond cognition-emotion dualism, towards better understanding of human motivations and emotions

Overlapping networks representing distinct moral sentiments, values and altruistic decisions, and their impairments

septal region, frontopolar cortex and subgenual cortex

# Conclusions (III)

Growing ability to predict behavior: implications for diagnosis, treatment neuropsychiatric disorders and for criminal justice

 $\rightarrow$  deep ethical implications

Tailoring better behavioral, pharmachological and surgical interventions based on improved neurocognitive frameworks

Applications to cognitive enhancement and well-being (e.g., aiding training programs for organizations, teams, couples, .... politicians ?!?) based on objective markers of subjective motivational-emotional states

# Conclusions (II)

Pattern recognition methods and neurofeedback

- Predicting patient category (psychopathy vs. controls)
- A window into subjective emotion states (now in "real-time")

• Neurofeedback: Endogenously boost adaptive motivational states (e.g., gratitude, determination, tolerance) and tune down maladaptive ones (e.g., hatred, abnormal guilt and anxiety)?



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